

## Long Term Acute Care Rehabilitation Services

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Our individualized programs combine continuous, high-quality nursing care, interdisciplinary rehabilitation, continuous nutritional assessment, and state-of-the-art medical and technological treatment modalities. DeKalb Medical Long Term Acute Care is dedicated to providing high-quality, individualized and compassionate care for patients with medically complex needs.

### Interdisciplinary Approach

DeKalb Medical Long Term Acute Care's rehabilitation program is designed for patients with complex rehabilitative needs. These patients can receive Occupational Therapy, Physical Therapy, Speech Therapy, and Respiratory Therapy in an environment that is dedicated to helping them reach optimal functioning that will improve their quality of life.

### Features

- Evaluation and treatment specific to patient's rehabilitation goals
- Evaluation and treatment of activities of home management skills
- Pain management (using a variety of modalities)
- Cardiovascular Training: treadmill, upper and lower extremity bicycle
- Evaluation and treatment for swallowing disorders, including Onsite Modified Barium Swallow Studies, FEES, and DPNS Certified Speech Therapist
- Evaluation and treatment of speech disorders
- Cognitive retraining
- Enable progressive mobility with the use of specialized beds
- Neuro-muscular re-education including balance, coordination, and posture

### Conditions

- Amputations
- Complications of Diabetes
- CVA/Stroke
- Cardio-Pulmonary
- Catastrophic Injuries
- Acute Brain Injury
- Multiple fractures/trauma
- Complicated Orthopedics
- Wound Care
- Neurological
- Deconditioning
- Neuropathy

### Summary

All patients will be evaluated by the interdisciplinary team in order to tailor the rehabilitation care plan to the individual patient's needs. This will assure the best overall rehabilitation outcomes. Rehabilitation staff will be involved in the discharge planning, with the patient, family, and care-giver, for education to facilitate a safe and successful transition to discharge setting. To make a referral, please call us.



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