

DeKalb Medical Specialty Services

DeKalb Medical's rehabilitation teams can help your patients achieve optimum health in all the areas that matter. Our therapists hold special training and certification in lymphedema therapy, hand therapy, occupational rehabilitation, manual therapy, vestibular rehabilitation, and more. Our comprehensive offerings include:

Amputee Program

Rehabilitation services for patients with an amputation begin immediately after surgery and continue through inpatient rehabilitation (when needed) and outpatient care. Treatment includes: wound healing, therapy to restore activities of daily living, preparation for the fitting and use of a prosthesis, pain management, gait training, vocational training and emotional support to help patients fully adapt after a limb loss.

Aquatic Program

The Wellness Center pool is the setting for DeKalb Medical's aquatic therapy program, which is designed to increase flexibility, strength, endurance and aid with balance problems. Patients are scheduled for six to eight sessions in the water. Physical and occupational therapists conduct group sessions which help patients reach goals more quickly by reducing weight bearing forces in the water—allowing patients to exercise with less pain. Individual aquatic sessions can be scheduled if desired, and a lift is available for patients who are unable to use the stairs.



Bowel/Bladder Therapy

This program includes effective therapy for men and women with bowel and bladder incontinence, constipation and/or pelvic pain. Therapy may include neuromuscular re-education of pelvic floor muscles and strengthening exercises, biofeedback and manual therapy.

Hand Therapy Program

DeKalb Medical offers unique treatment for patients with hand and upper extremity injuries. Conditions treated include, but are not limited to, cumulative trauma injuries (CTS to de Quervain's), tendon repairs, traumatic injuries, fractures, amputations, wounds, skin grafts/flaps and neuropathies. A wide variety of treatment options can be implemented based on individual treatment plans. These may include the following items: custom splinting, wound care, modalities, scar management, edema control, range of motion, patient education and a customized home exercise program.

Lymphedema Therapy

DeKalb Medical provides specialized care to reduce the functional impairments and discomfort associated with chronic and acute lymphedema. We offer all aspects of Complex Decongestive Physiotherapy to effectively manage lymphedema. Treatment may also include manual lymphatic drainage, compression, therapeutic exercises and education.

Occupational Rehabilitation/WorksWell Rehabilitation

DeKalb Medical's WorksWell Rehabilitation program aims for an early return to work for individuals who have been injured on the job. The program offers prevention and intervention strategies for businesses to reduce injuries at the worksite. Our unique facility features multiple work-simulating stations, a fitness area, classrooms and specialized equipment such as ERGOS and LIDO. The full service program offers physical capacity evaluations, impairment ratings per American Medical Association guidelines, work hardening/work conditioning, and ergonomic job analysis.

Pelvic Pain Reduction

We offer therapy for both men and women who are experiencing pelvic pain as the result of surgery, trauma or other medical factors. Our therapeutic approach may include soft tissue release, joint mobilization, biofeedback, manual therapy, stretches and home exercise.

Post-Operative Breast Cancer Therapy

This program is designed to restore flexibility and strength, and reduce potential swelling following a lumpectomy, mastectomy or reconstructive surgery.

Pregnancy Therapy

We offer specialized programs for women during and after pregnancy that can minimize discomfort and alleviate muscle and joint pain, leg and hand swelling, urinary and bowel changes, nerve compression and more. Treatment programs also include scar management, postural strengthening and education, pain reduction, balance training and breathing and relaxation techniques.

How to Refer

To make a referral, simply call or fax your request to one of the following locations:

2701 North Decatur Road, Decatur, GA 30033 **404.501.5140**, 404.501.7186 (fax)

2801 DeKalb Medical Parkway, Lithonia, GA 30058 **404.501.8140**, 404.501.8387 (fax)

www.dekalbmedical.org