DeKalb Medical Physicians Group
Nutrition and Diabetes Education Center

The Center for Outpatient Diabetes Education
404.501.1790

HOME BLOOD GLUCOSE MONITORING RECORD

NAME:_____

TARGET BLOOD SUGAR GLUCOSE RANGE:

Before meal:_____ 2 hours after meal:_____

	Breakfast		Lunch		Supper		Bedtime	
Date	Before	After	Before	After	Before	After		Comments